

NORDIC NATURALS

Third-Party Test Results for Purity and Freshness* Retail Line

Product	Suggested Dose	Lead**		Mercury**		Peroxide***	
		Nordic Naturals	% of Acceptable Daily Intake	Nordic Naturals	% of Acceptable Daily Intake	Nordic Naturals	% of Norwegian Medicinal Standard
Arctic Cod Liver Oil	1 tsp (5 mL)	<5 ppb	<0.03%	<25 ppb	<3.68%	2.8 mEq/kg	28%
Children's DHA	Children up to 30 lbs: 2 softgels	<5 ppb	<0.04%	<25 ppb	<1.84%	2.0 mEq/kg	20%
	Children over 30 lbs: 4 softgels		<0.08%		<1.84%		
DHA Formula	2 softgels	7 ppb	0.01%	<25 ppb	<0.74%	1.6 mEq/kg	16%
EPA Formula	2 softgels	7 ppb	0.02%	<25 ppb	<1.47%	1.4 mEq/kg	14%
Omega-3 Formula	2 softgels	<5 ppb	<0.01%	<25 ppb	<1.47%	2.4 mEq/kg	24%
Pro Omega	2 capsules	<5 ppb	<0.01%	<25 ppb	<1.47%	1.2 mEq/kg	12%
Pro EFA	2 softgels	17 ppb	0.05%	<25 ppb	<1.47%	0.9 mEq/kg	9%
Complete Omega	2 softgels	17 ppb	0.05%	<25 ppb	<1.47%	0.9 mEq/kg	9%
Omega Woman	2 - 5 softgels	8 ppb	0.01% - 0.02%	<25 ppb	<0.37% - <0.92%	0.9 mEq/kg	9%

* This information is based on data from Nordic Naturals' finished product, as opposed to bulk oil. This detail is important because even in with the most rigorous techniques, some oxidation will occur during processing - many other companies give out information on their bulk oils in order to exaggerate their product's freshness.

** Acceptable levels of intake for lead are based on the US FDA Tolerable Daily Intake, and for mercury are based on the US EPA Reference Dose. With the exception of DHA Junior, estimates are based on a 175-pound adult. For information on children or pregnant and lactating women, please contact us at info@omega-dha-epa.com, or by phone at (800) 595-2714.

*** Although the United States currently has no regulations on the freshness and quality of fish oils, Nordic Naturals adheres to the strict Norwegian Medicinal Standard and the World Health Organization's standards for edible fats and oils.

© Copyright Nordic Naturals 2003.

Omega-Direct is an authorized distributor of Nordic Naturals products. WWW.OMEGA-DHA-EPA.COM